THE BOXING ACADEMY

1 Monteagle Way London E5 8PH

020 8986 4674 - 07715 666554

adminoffice@theboxingacademy.co.uk

Welcome to the Boxing Academy

Welcome to the Boxing Academy. This is a boxing family: the staff are skilled, caring and totally committed to building relationships with the students, helping them to transform their education.

Students can access support even after they leave, with free Boxing training sessions for life as well as help with education and career choices after school.

Attendance

Good attendance is vital if you want to be successful at the Boxing Academy.

- A student with 90% attendance throughout their school life will have missed a whole school year - nearly 1000 hours of learning
- School truants are 6 times more likely to be unemployed
- 90% of persistent absentees do not achieve 5 good GCSE grades
- A student who is 15 minutes late daily misses 2 weeks of school every year

Students must arrive by **9.20am at the latest.**

Time	Late for...	How many	Forfeit (what you lose)
After 9:45am	**Registration**	**50 push ups**	**No breaktime activities**
After 10:00am	**School**	**100 push ups**	**No breaktime or lunchtime activities**
After 10:15am	**Lesson entry**	**150 push ups**	**No breaktime or lunchtime activities. Leave last at the end of school**

To report an illness or absence, parents/ carers should call the office on:

020 8986 4674 or **07715 666554**

or they can email **adminoffice@theboxingacademy.co.uk**

The school will send a text message home if students have not arrived by 10.00am.

Good attendance will be an achievement and recognised as such with rewards such as weekly recognition and prizes. There will be a display of young learners who achieve 100% attendance every week, and end of term prizes for all who have achieved excellent attendance that term. Other rewards include (but are not limited to):

Vouchers * Friday treats * Priority for games *

Extra Boxing training * Trips and visits * Letters & phone calls home *

Safeguarding

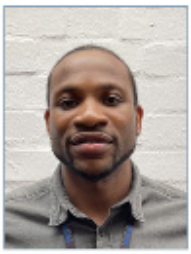
We have a “whole-school” approach to safeguarding and consider the safety and well-being of our students to be paramount. The Boxing Academy safeguarding policy is available on our website or in the office.

The BA Designated Safeguarding Team

ANNA
DSL

MARISA
Deputy DSL

JERMAINE
Assistant DSL



PRINCE
Assistant DSL

KAREEM
Assistant DSL

KATHERINE
Assistant DSL

Mental Health and Wellbeing

At the Boxing Academy we promote a consistent, holistic, asset based approach to working with young people in order to improve their wellbeing. We focus on 5 key areas which are proven to support young peoples’ overall mental health and wellbeing:

Connect

- Developing positive relationships with family, friends, teachers and pod leaders

Be active

- Increasing physical activity and supporting healthy lifestyle choices through boxing, health and fitness and a variety of enrichment activities

Keep learning

- Learning new skills to improve confidence and building resilience

Give to others

- Anything from small to large gestures such as using kind words and encouraging others to volunteering in the community

Be mindful

- Being present in the moment, including your thoughts, feelings, your body and the world around you

In order to track the journey of change in young people, we use a range of tools depending on the needs of the individual.

Bullying

There is no legal definition of bullying, but it is usually defined as repeated behaviour which is intended to hurt someone either emotionally or physically, and is often aimed at certain people because of their race, religion, gender or sexual orientation or any other aspect such as appearance or disability.

At the Boxing Academy we consider our school a family and we do not tolerate bullying or any form of discrimination. Any student with concerns can talk to their pod leader, or any other member of staff. We use a restorative approach in the first instance and encourage all our students to participate.

Equality & Diversity

We celebrate the diversity of all students and staff at the Boxing Academy. We will challenge any inappropriate behaviour or discrimination and take positive action to promote good relations between everyone, regardless of ethnicity, class, gender, sexuality, religion, disability or age.

Health & Safety

To avoid accidents, all students must follow the procedures for moving around the building and using the gym.

All students are searched upon entry and must hand over all their belongings for storage in the office. They will be returned at the end of the school day. Any smoking paraphernalia, including vape pens or lighters, will be confiscated and will not be returned to students. **There are no exceptions to this rule**.

Medical Needs

Parents/ carers should inform the office if their child needs to bring medication to school, which must be accompanied by a note. It will be kept in the locked medical box in the office. The Boxing Academy does not dispense any over the counter medication.

Fire Safety

Fire drills are carried out regularly. When the alarm sounds, please follow staff instructions to leave the building safely. Fire notices throughout the building show the route if you are not accompanied. A register will be taken at the assembly points on the Basketball court or at the building entrance.

Curriculum

The curriculum is designed to to equip our students for their life after the Boxing Academy. It covers a range of subjects: core, scientific, linguistic, artistic and vocational, as well as enhancing and enriching the student experience.

Key Stage 3

The intent of the curriculum in KS3 is to equip learners with the knowledge and skills they need to embrace positive lifestyles and become strong, resilient, independent and aspirational. They will study Maths, English, Science, Art and PE.

Key Stage 4

We offer a core GCSE curriculum of English, Maths and Science, complimented by Art and PE. Alongside this, every student will receive the highest quality careers advice and guidance for planning their next steps in education.

Functional Skills

All students will have the opportunity to study for FS levels 1 & 2 alongside the GCSE courses to ensure they are equipped for college.

Boxing

The Boxing Academy is registered as a club with England Boxing, the National Governing Body for the sport of amateur boxing.

Students who wish to spar (it is optional) must first undertake a non-invasive medical by a doctor appointed by England Boxing in order to qualify.

The scheme of work for Boxing covers:

1 Boxing Basics

Pt. 1 Stance

Pt. 2 Footwork (Movement)

Pt. 3 Jab

Pt. 4 Cross

Pt. 5 Parry

Pt. 6 Block

2 Intermediate

Pt. 1 Slips

Pt. 2 Rolls & Hooks

Pt. 3 Duck & Uppercuts

Pt. 4 Push away

Pt. 5 Lean back

Pt. 6 Pivot

3 Advanced

Pt. 1 Combinations

Pt. 2 Tech Sparring

Pt. 3 Session Delivery

Behaviour

The Boxing Academy promotes positivity and sets out to reward good behaviour. We believe in picking up on the 'small stuff' immediately so that issues do not escalate unnecessarily and students learn to recognise their own patterns of behaviour and make positive interventions themselves.

We have a culture and ethos just like in a boxing gym: work hard, respect everyone, learn from your mistakes and be successful. The staff are here to challenge you and push you to be the best you can be.

At Progress Day every term, students will consult with pod leaders, parents and teachers to set their behaviour targets: one for in-class and one for out of class. The teachers will set a reaslistic and achieveable target for each subject. The pod leaders will track your progress towards these targets.

All staff at the Boxing Academy are trained in physical intervention techniques by Safer Handling. Any form of physical intervention is a last resort and will be used according to DfE guidance.

Consequences

Unacceptable choices in or out of lessons will lead to:

- Additional sessions in break, lunchtime or after school to catch up
- Community service sanctions such as washing-up, cleaning or hoovering
- Physical routines such as push-ups, sit-ups or other gym-based activities

These physical sanctions (push-ups) have been proposed by the student council and agreed by staff. They are reviewed every year.

100	for playfighting
50	for silly behaviour
50	for rudeness to staff or students
25	for hand down trousers/ low trousers
25	for swearing
25	for inappropriate rapping
25	for use of street language
25	for not following instructions

Alternative physical sanctions can be given when push-ups are not appropriate (e.g. in case of injury to arm). There is always a chance to earn the push-ups off during the day with good effort and behaviour!

Rewards

We aim to recognise, encourage and reward positive behaviour and achievements. Central to this is our behaviour points system as well as acknowledgement such as (but not limited to):

- Verbal praise and encouragement
- Feedback in workbooks using the marking system
- Contacting parents/carers by text/phone
- Class points (positive and negative)
- Termly academic reports
- Attendance awards (weekly vouchers)
- End of term rewards for behaviour and attendance
- Parent and student/teacher meetings each term on Progress Day

Classroom Points

Week ending 23/06/2023

Student x - Pod 4

THE BOXING ACADEMY

	Monday	Tuesday	Wednesday	Thursday	Friday
Period 1	0	0	0	2	3
Period 2	2	2	2	2	3
Break					
Period 3	2	2	2	2	3
Period 4	3	1	3	2	3
Lunch					
Period 5	2	2	2	0	
Period 6	2	2	2	0	
Total	11	9	11	8	12

	Excellent
	Good
	Poor
	Absent

Weekly total = 51

The behaviour for learning of all students is assessed by their pod leaders in lessons. These points are collated at the end of the week and the report emailed to parents and commissioners.

The school rankings are published, and top students / pods will receive privileges such as being first for lunch or to leave at the end of school. All reward points are counted to be converted into vouchers at the end of term prize giving ceremony.

Careers

The careers provision at the Boxing Academy has been developed to ensure it meets the Gatsby Career Benchmarks. This means that it will:

- Prepare students for the transition to life after the Boxing Academy
- Support students in making informed decisions which are appropriate for them
- Provide students with well-rounded experiences
- Help students develop personal characteristics such as social skills, communication, independence and resilience
- Inspire and motivate students to develop themselves as individuals and live as independently as possible

Student Contract

The student contract outlines the responsibilities of both the school and the student, to ensure we can all work together successfully.

The Boxing Academy agrees that:

- We will ensure that there is an appropriate and broad curriculum to meet your needs and to ensure progress and experience success
- We will regularly mark and assess your work
- In addition to academic progress, we will prioritise your personal and social development
- We will give you opportunities to participate in school life and maximize your learning experience in a safe and supportive environment

And the Student agrees that:

- I will get sufficient sleep to attend each day with a positive frame of mind
- I will attend school every day unless I am too ill or have an important appointment that the school has been informed about
- I will attend on time for roll call by 9.20am
- I will be properly equipped and dressed for school each day
- I will make a proper effort in academic lessons and complete all work to the best of my ability
- I will fully participate in activities and sporting sessions
- I will respect Academy equipment and use it sensibly and I will adhere to the rules of conduct in the classrooms
- I will show respect for other students and Academy staff in how I speak and act
- I will follow the Academy behaviour code
- I will always seek adult help if I have a problem or see another student experiencing a problem

Policies and Procedures

The Boxing Academy policies can be viewed on and downloaded from our website or you can request copies from the school office. We keep and observe policies on the following matters:

Admissions Policy
Anti-Bullying Policy
Behaviour Policy
Careers Policy (including Provider Access Procedure)
Charging and Remissions Policy
Codes of Conduct: Visitors / Staff / Governors
Complaints Policy
Curriculum Policy
Data Breach Procedure
Data Protection Policy
Data Retention Policy
Disability Access Plan
E-Safety Policy
Educational Visits Policy
Emergency First Aid Policy
Equal Opportunities Policy
Exam / Exam Contingency Policies
Health & Safety Policy
Homework Policy
Medical Needs Policy
Personal, Health, Social and Economic Education (PHSE) Policy
Pupil Premium Policy
Quality Assurance of Teaching and Learning Policy
Safeguarding and Child Protection Policy
Safer Recruitment Policy
Single Central Register (SCR) and Vetting Policy
SEND Policy
Spiritual, Moral, Social and Cultural Development (SMSC) Policy
Social Media Policy
Sex and Relationships Education (SRE) Policy
Tackling Extremism Policy
Use of Reasonable Force Policy